

On Saturday 30th October, I am sleeping out in Norwich city centre to draw attention to the plight of young homeless people. I have recently become President of Norfolk YMCA and I am trying to play my part in helping to raise £1million towards a £4.4million project to provide 40 move-on accomodation units for homeless young people. Without somewhere decent to live they cannot get started in life, and these 40 units are a first step on the ladder to a job, long-term accommodation and the chance to make a real contribution in life - and no longer claiming benefits.

I will be accompanied by Charles Barrett, High Sheriff of Norfolk, and His Honour Judge Curl. We will be spending the late evening and early hours with the Norfolk Constabulary in Norwich city centre and with the Street Pastors as they deal with Saturday evening issues. We will then spend the night in our cardboard boxes and sleeping bags (including the extra hour as the clocks go back!) with other rough sleepers, a number of whom are ex-Servicemen.

If you felt that you could support what we are doing with a small donation that would be brilliant, and very much appreciated. The easiest way to donate is via my JustGiving account. It is www.justgiving.com/RichardDannattSleepOut

Many thanks for reading this, and if you are able to help, then even more thanks - on behalf of those young people who have had a rotten start in life.

Best wishes,

Richard Dannatt